

MISSISSIPPI STATE BOARD OF PHYSICAL THERAPY



Newsletter

Issue 11 Volume 1

Fall 2016

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Word from Board Chair

Happy fall y'all! The weather is finally turning a little cooler, and the leaves are beginning to take on a hint of fall color. Football season is in full swing, and Thanksgiving is on its way! I hope the changing of the seasons has recharged both your professional and personal batteries.

I want to congratulate all of you on the recent response to the "PTAs as supervisors" article published in the last edition of the newsletter. What a great advocacy effort you all showed! Thanks for all of your input in assisting the Board in fully understanding and appreciating the nuances of the issue. We heard from you and reviewed the standards of practice of other physical therapy jurisdictions and other health care professionals. We also heard from the American Physical Therapy Association (APTA) regarding the interpretation of the Standards of Practice. Pursuant to statutory authority [§73-23-43(1)], the Board adopted Rule 3.2, Part 3103 which requires all licensees to comply with the APTA Standards of Practice for Physical Therapy.

The APTA interprets the Standards of Practice to require the physical therapist to be the decision maker in the key areas of physical therapy practice. These include:

- Ensuring compliance with local, state, and federal requirements.
- Ensuring compliance with current APTA documents, including Standards of Practice for Physical Therapy and the Criteria, Guide to Physical Therapist Practice, Code of Ethics, Guide for Professional Conduct, Standards of Ethical Conduct for the Physical Therapist Assistant, and Guide for Conduct of the Physical Therapist Assistant.
- Ensuring that services are consistent with the mission, purposes, and goals of the physical therapy service.
- Ensuring that services are provided in accordance with established policies and procedures.
- Ensuring that the process for assignment and reassignment of physical therapist staff (handoff communication) supports individual physical therapist responsibility to their patients and meets the needs of the patients/clients.
- Reviewing and updating policies and procedures.
- Providing for training of physical therapy support personnel that ensures continuing competence for their job description.
- Providing for continuous in-service training on safety issues and for periodic safety inspection of equipment by qualified individuals.

The physical therapists or other individuals or non-physical therapists, such as the PTA, an accountant, lawyer, or business manager, may be key deciders in fiscal planning and management. The key tasks included in the category of fiscal management are:

- Preparing a budget that provides for optimal use of resources.
- Ensuring accurate recording and reporting of financial information.
- Ensuring compliance with legal requirements.
- Allowing for cost-effective utilization of resources.
- Using a fee schedule that is consistent with the cost of physical therapy services and that is within customary norms of fairness and reasonableness.
- Considering the option of providing pro bono services.

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Word from Board Chair... *continued from page 1*

What does this mean for physical therapy practitioners in Mississippi? The Board will uphold the standards of practice as required by the Mississippi Physical Therapy Practice Law and the Board's Rules and Regulations. However, we do realize that fiscal/financial and other operational boundaries are sometimes blurred. We do not currently intend to review the organizational charts and corporate documents of all practices to ensure compliance. The APTA Standards of Practice and Code of Ethics are the primary profession validated documents available to us that outline best organizational practice in physical therapy. Therefore, as complaints are investigated and potential non-compliance identified, the APTA standards and guidance will continue to be used by the Board.

The full APTA interpretation of the Standards of Practice has been posted on our website to guide your decision making. (https://www.msbt.ms.gov/secure/pdf/MS_SOP_Interpretation.pdf)

Again, thank you for investing your time and effort in your profession as we seek to make Mississippi a better place to practice and receive physical therapy services. Please don't wait until another controversy occurs to get involved! We welcome your insight at any time!

Cyndi K. Scott, PT, PhD, MBA

SCOPE OF PRACTICE QUESTION #1 SUPERVISION OF PTA

Hello, my name is Douglas Roll, a physical therapist on the MS State Board of Physical Therapy representing the 4th Congressional District. On a regular basis scope of practice questions are asked of the Board. Recently the Board has received quite a few scope of practice questions regarding supervision of a licensed Physical Therapist Assistant. The goal of this column is to outline a particularly interesting licensed Physical Therapist Assistant supervisory question that was asked of the Board. It is as follows:

Physical Therapist #1 performed an initial evaluation on Patient X. The next date of service, or visit #2, the licensed Physical Therapist Assistant was asked to begin and render care to Patient X. Physical Therapist #1 was not on site and was unavailable to consult with the Physical Therapist Assistant prior to initiation of treatment. The clinical director asked Physical Therapist #2 to communicate telephonically with the licensed Physical Therapist Assistant who was to deliver care. The clinical director asked the Physical Therapist Assistant to read the initial evaluation to Physical therapist #2. Physical Therapist #2 was then asked to interpret the evaluation telephonically for the licensed Physical Therapist Assistant prior to caring for Patient X.

To adequately address this scope of practice question as asked of the Board, we referenced Board Rule 8.2 *Direction and Supervision of the Physical Therapist Assistant*. Under Rule 8.2 the supervisory standards of the Physical Therapist supervising the Physical Therapist Assistant are outlined. Rule 8.2 provides, in pertinent part that "the supervising Physical Therapist shall, at a minimum, examine and evaluate the patient or client to establish a physical therapy diagnosis, treatment goal, frequency, duration, and plan of care before delegating interventions to be performed by a physical therapist assistant."

Additionally, Rule 8.2 states that "the supervising Physical Therapist shall be readily available in person or by telecommunication to the Physical Therapist Assistant at all times for advice, assistance, and instruction while the Physical Therapist Assistant is treating patients or clients providing physical therapy services."

The item of concern raised by this inquiry is whether Physical Therapist #2 can telephonically interpret the evaluation performed by Physical Therapist #1 and adequately communicate all concerns and conditions to the licensed physical therapy assistant prior to rendering care on the first visit following the evaluation.

How should this situation have been handled? It is the opinion of the Physical Therapy Board that there is nothing to prevent Physical Therapist #2 from interpreting the patient evaluation for the Physical Therapist Assistant telephonically if the Physical Therapist #2's professional judgment dictates that Physical Therapist #2 could completely interpret the evaluation for the Physical Therapist Assistant prior to delegating care. However, if Physical Therapist #2's professional judgement dictates that he or she cannot delegate the care of the patient without seeing the patient, then he or she or another Physical Therapist should "see" the patient prior to delegating care to the Physical Therapist Assistant. Physical Therapist #2 should bear in mind that he or she is ultimately responsible for the direction of the physical therapy service and therefore, should be aware of the potential liabilities involved in delegation under these circumstances.

This opinion is restricted solely to the specific factual situation described above.

Kindest regards,
Douglas Roll, PT, OCS, FAAOMPT, CIDN

New Licensees

The Board is pleased to welcome 166 new licensees to the physical therapy community in Mississippi. These licensees are either new graduates who have passed the NPTE and received their permanent licenses, or practitioners who were previously licensed in other states and have either moved to Mississippi or who live in other states but are practicing in Mississippi.

To the new graduates, we offer our congratulations on both graduation and on passing the NPTE. This is a note worthy accomplishment. To the physical therapy practitioners who were licensed in other states, welcome to Mississippi!!

New Graduates Licensed as of Spring 2016

Physical Therapists:

Arinder, Victoria Leigh
Arrington, Anna Comer
Bailey, Mabry L.
Blaylock, Hillary Leanne
Borgognoni, Jennifer M.
Bridges, Dustin Cory
Brown, Megan Laird
Busby, Bailee Roberts
Busby, Michael Joseph
Cook, Andrea S.
Cooper, Jennifer E.
Daniels, Jacob B.
DeVrieze, Ansley J.
Dodder, Keely Lane
Edmondson, Charles Bradley
Faulkner, Jordan Ray
Ford, Kelly Alexis
Fratesi, Jamee O'Neal
Gaskin, Victoria Lynn
Gilstrap, Daniel Alexander
Holliday, Alyson P.
Hood, Laken M.
Hood, Lauren Linsey Davis
Jones, Andrea Rodgers
Jones, Jacob Steven
Josey, Rebecca Blair
Lesley, Caitlin Rose
Lewallen, Tiffany A.
Lin, Shuying
Luter, Rivers U.
Mace, Jonathan R.
Madden, Joseph Jackson
Maddox III, Bobby Gerald
McDonald, Andrew Todd
McFerrin, Maggie Elizabeth
Milner, Elizabeth J.
Mitchell, Amanda M.
Mittwede, David Stark
Newell, Dalton A.
Pannell, William C.
Phongam, Natalie Rene
Pinsonneault, Chelsea Marie
Prather, Barry M.
Reed, Christopher Scott
Roberts, Sarah Nicole
Seaton, Bradley B.

Semler, Cody C.
Shores, Aaron B.
Smith, David Stuart
Spence, Anna Fulton
Stewart, Adam H.
Taylor, John Paul
Tharp, Tara N.
Turner, Meredith Claire
Vitell, Amy Jane
Whiting, Allison G.
Whittington, William W.
Williams, Lindsey A.
Wilson, Murphy Scott
Wooley, Jean M.
Wright, Kelsey M.

Physical Therapist Assistants:

Ashley, Kirsten Leanna
Austin, Lauren B.
Babbidge, Shelby Taylor
Barrett, Darryl L.
Billings, Raleah A.
Bottoms, David C.
Boutwell, Heather Nicole
Cantrell, Sarina Michelle
Carpenter, Jr., Charlie
Clouse, Mallory P.
Coggins, Neely Shantel
Compton, Michelle Cheyenne
Dusin, Melissa Rose
Eads, Sarah E.
Evans, Kaylyn Brooke
Everett, Emmarisa Zhane
Fly, Kristen Ray
Garth, Traveus Ramon
Giles, Kelsie Murren
Green, Brody Mitchell
Griffin, Detric D.
Hardy, Michaela Claire
Hartfield, Mary Farrish
Holliman, Nickolas W.
Howarth, Alex G.
Hudnall, Sam Davis
Huhn, Donovan L.
James, Dustin A.
Kellum, Joseph Franklin

Kimbrough, Karmen Leigh
Latimer, Elizabeth Land
Littlefield, Adria R.
Lummus, Will Franklin
Mason, Elizabeth Morgan
Massey, Alanna Brooke
Mendez, Brooklyn A.
Merrick, Magyn R.
Murphy, Matthew Todd
Nix, Mariclaire Fancher
Novak, Carly Celeste
Oliver, Brianna Leshay
Patel, Sanket D.
Pettus, Elliott McLendon
Richard, Amanda N.
Robertson, Cassandra Nicole
Robinson, Brandon Ray
Rochelle, Erin Kaylee
Sanderson, McKenna Caroline
Saswathan, Prasanth Prasanna
Sawyer, Kelcie Blaire
Scronce, Megan L.
Seal, Tiffany Ann
Senseney, Karen Hester
Shivers, Jessalee
Sims, Lyndsey Olivia Hogue
Stiglets, Shelby A.
Stockbridge, Karyn R.
Sudberry, Amisha S.
Swopes, Jamila M.
Thomas, Julia M.
Vinson, Jo A.
Watson, Sarah E.
Watts, Courtney N.
Winter, Glorianne Marie
Wright, Taylor Ellis
Woolsey, Dylan Jordan

Physical Therapy Practitioners from other states or reinstatement of license since the Spring 2016 newsletter.

Physical Therapists:
Babb, Laura Hawkins
Barnhill, Kasey H.

Brown, Janice Kay
Burton, Amanda M.
Danielson, Kelly Patricia
Dycus, Elizabeth M
Francis, Henry Kaito
Gehan, Audra L.
Gooch, Erin D.
Guthrie, Jr., Joe C.
Kleiner, Allison Marie
Kolvites, Virginia Claire
Labiano, Michael Nebres
Landreneau, Lindsey L.
Lewis, Nicolas A.
Liebig, Ryan S.
Lubrico, Noemi T.
Nemanich, Lindsay A.
Nielsen, Rachel A.
Phung, Steven W.
Robinson, Adrian J.
Sanders, Destiny J.
Schaffer, Emily C.
Smith, Derrick Brice
Soni, Rohit
Swart, Jacob D.
Thompson, Dionna S.
Usery, Lisa Elaine
Van De Loo, Jill M.
Waddell, Olivia Novotny
Watson, Thomas Corey
Young, Natalie Ryan

Physical Therapist Assistants:
Brown, Shelia Strickland
Christofides, Cynthia M.
D'Alto, Teresa H.
Glidden, Brandi A.
Landwehr, Vivian A.
Mink, Mary Lou
Ott, Lacie Dawnn
Pierre, Jacqueline Claiborne
Shew, Matthew Brent
Simmons, Jessica Walker
Suits, Mark L.
Tuten, Jerilyn
Vanek, Casey L.
Wilson, Jacqueline Susann
Worthington, Christopher J.

Physical Therapists Join Fight to Combat Rising Opioid Epidemic

America is in the midst of an opioid epidemic. Consider that in 2012 alone, health care providers wrote 259 million prescriptions for opioid pain medication, *enough for every American adult to have their own bottle of pills*.

Opioids, responsibly dosed, are an appropriate part of medical treatment in some situations. But they carry significant risks, including depression, withdrawal symptoms, overdose, and addiction. The statistics are scary:

- As many as 1 in 4 people who receive prescription opioids long-term for noncancer pain struggle with addiction;
- Every day, more than 1,000 people are treated in emergency departments for misusing prescription opioids;
- People who are addicted to prescription opioids are 40 times more likely to become addicted to heroin; and
- 78 people die every day from an opioid-related overdose.

To address this national health crisis, the Centers for Disease Control and Prevention (CDC) issued guidelines in March 2016 urging providers to reduce opioid prescribing in favor of safe, nondrug alternatives such as physical therapy for chronic pain conditions, including low back pain, hip and knee osteoarthritis, and fibromyalgia. In August 2016, the Surgeon General sent a letter to every physician in the country asking for their help to solve the problem.

Meanwhile, the American Physical Therapy Association (APTA) launched a national public awareness campaign to educate consumers about the risks of opioids and the safe alternative of physical therapy for pain management.

A safe way to manage and treat pain

Physical therapists treat pain and improve function through movement and exercise without the risky side effects of opioids. A physical therapist's individualized, hands-on approach engages the patient, making her or him an active participant in her or his own recovery.

Patients should choose physical therapist treatment instead of opioids when...

The risks of opioids outweigh the rewards. CDC experts say that opioids should not be considered as first-line or routine therapy for chronic pain. Even when opioids are prescribed, the CDC recommends that patients receive "the lowest effective dosage," and opioids "should be combined" with nonopioid therapies, such as physical therapy.

Pain or function problems are related to low back pain, hip or knee osteoarthritis, or fibromyalgia. The CDC cites "high-quality evidence" supporting exercise as part of a physical therapist treatment plan for these chronic pain conditions.

Pain lasts at least 90 days. At this point, pain is considered "chronic," and the risks for continued opioid use increase. The CDC says that "clinicians should consider opioid therapy only if expected benefits for both pain and function are anticipated to outweigh risks to the patient."

APTA's #ChoosePT initiative is raising awareness about the dangers of prescription opioids and the safe, nondrug alternative for pain management provided by physical therapists. Visit MoveForwardPT.com/ChoosePT for information to help you decide if physical therapist treatment is right for you.

Provided by MPTA

Farewell to Board Members

The Board regrets to bid farewell to Tom Hester, DPT, of Tupelo, who resigned due to a move out-of-state. He served as a Board member representing the 1st Congressional District from July 1, 2015 until June 30, 2016. He was appointed to the Board by Governor Phil Bryant in July 2015. Although Tom was only able to serve briefly, he had significant impact in areas related to continuing competence and to ensuring the maintenance of physical therapy practice standards.

Dr. Robert McGuire, the physician member of the Board, regretfully submitted his resignation due to a new assignment by the University of Mississippi Medical Center which involves a great deal of international travel. He was appointed to the Board by Governor Phil Bryant on October 29, 2012 and his term ended June 30, 2016. As an orthopedic surgeon, Dr. McGuire's understanding of physical therapy practice and how essential it is to the healing process made him a great asset and resource for the Board.

Reminder – New Licensure Requirement for Mississippi PTs and PTAs

With recent rule revisions to Mississippi's continuing competence requirements for physical therapists and physical therapist assistants effective November 9, 2015, the Mississippi Board of Physical Therapy (Board) **requires all licensees to report compliance with continuing competence by utilizing the free online system aPTitude**. The aPTitude system was built by the Federation of State Boards of Physical Therapy (FSBPT) to help PTs and PTAs comply with licensure renewal requirements, maintain their ongoing competence, and manage their activity records. The Mississippi Board has determined that aPTitude is the appropriate tool for PTs and PTAs to record their completed continuing competence activities and report that information to the Board for the random compliance audit at the time of renewal.

Create your free account in aPTitude and begin recording your completed activities and uploading your certificates or other completion documentation as soon as possible. All that is required to create your account is your name, license number, and email address. **If you have not registered by the date of your renewal, this will result in a delay with processing your licensure renewal.**

Here is a list of aPTitude features:

- Maintain your licensure information and transcript of completed continuing competence courses and other activities
- Securely store completion certificates
- Be reminded of the license renewal and continuing competence completion deadline
- Track completion progress for all licenses held (in addition to Mississippi)
- Find qualifying courses – all currently approved continuing competence courses for Mississippi are in aPTitude

For assistance with your aPTitude account, email aPTitudeHelp@fsbpt.org or by telephone at (703) 299-3100, option 5. Contact the Board for answers to questions on Mississippi's continuing competence requirements.

Non-Renewed Licenses

Non-Renewed licenses for persons whose surnames begin with M-Z and whose license expire in odd-numbered years (2016)

The following did not renew their licenses and cannot practice physical therapy in the State of Mississippi as of July 1, 2016. Some licensees may have been reinstated since this newsletter went to press. Check the license verification at www.msbpt.ms.gov for any updates.

Physical Therapists:	License Number						
Clayton, Jessica M.	PT4280	Peters, Andrew K.	PT5761	Watts, Brian A.	PT4699	Reichard, Lynn T.	PTA5630
Cliff, Elizabeth M.	PT4573	Phillips, Tracey T.	PT2759	Wesley, Sr., Nehemiah M.	PT3985	Robinson, Erin N.	PTA5046
Deleon, Lennie M.	PT3989	Pikula, Cameron B.	PT5229	Westol, Rebecca L.	PT5849	Rogers, Amy C.	PTA1960
Escajadillo, Elizabeth S.	PT5364	Quinn, Matthew E.	PT5268	Wicker, Laura Lea E.	PT4173	Roy, Sarah C.	PTA5014
Gibson, Sara P.	PT5023	Ramberg, Maribeth B.	PT0460	Wilkerson, Jimmy L.	PT0031	Royal, Barbara D.	PTA5413
Maloney, Joshua L.	PT5628	Reid, Lauren P.	PT4894	Williams, Linda S.	PT3554	Rudolph, Jr., Norman J.	PTA3944
McCarty, Panagiota F.	PT0437	Renaudin, Marie M.	PT5142	Woodard, Carla A.	PT5700	Rutherford, Keri J.	PTA5460
McCormack, Faith	PT3688	Rivera-Santoyo, Angela M.	PT5485	Woodson, Sherilyn L.	PT0538	Ryan, Anthony D.	PTA2503
McCormick, Lesa J.	PT3939	Robinson, Erik J.	PT5887	Wuerdeman, John M.	PT5619	Schoonover, Mona L.	PTA2839
McGhee, Carmen A.	PT5657	Rothschild, Andrew S.	PT5279	Wynn, Virginia W.	PT5600	Shoemaker, Benjie L.	PTA4962
McInnis, Mary L.	PT0233	Sauer, Jane F.	PT4299	Yates, Wesley R.	PT5540	Simmons, Terrica N.	PTA4816
McLaughlin, Amy	PT2968	Segrest, Leigh M.	PT5135	Young, Nakinna M.	PT4948	Singleton, Rebekah L.	PTA4033
Midlick, Leslie B.	PT1443	Sexton, Mary V.	PT4873	Zelden, Gregory S.	PT4024	Smiley III, Ellis	PTA5723
Mills, Christi E.	PT0709	Shadie, Christine A.	PT2328	Zetina, Elaine K.	PT5467	Smith, Jr., Francis E.	PTA4121
Mims, Brittney B.	PT5636	Shawl, Eric V.	PT5639	Zhang, Liping	PT5816	Stanley, Patricia A.	PTA5036
Mink, Elizabeth E.	PT5120	Shawl, Megan E.	PT5680	Zink, Theresa A.		Stewart, Trisha J.	PTA5237
Monteiro, Thiago F.	PT5638	Sherman, Sr., Michael E.	PT0450	PT5019		Thibodeaux, Ralph D.	PTA4512
Moody, Lacey L.	PT5426	Sinda, Graziella T.	PT5450			Thompson, Frances D.	PTA5650
Morgan, Brandon	PT4287	Sinquified, April M.	PT5281	PT Assistants:	License Number	Tremaine, Alison N.	PTA5642
Morris, Lawanda	PT2756	Sparks, Jennifer B.	PT3634	Bolton, Elizabeth L	PTA3884	Turner, Paige T.	PTA5688
Murphy, Harold W.	PT4846	Stewart, Christina L.	PT4474	McCulloch, Michael T.	PTA5591	Vaughn, Jessica N.	PTA4876
Myers, Shannon J.	PT3378	Stewart, Mary C.	PT1991	McDonald, Lara L.	PTA2508	Walters, Daron S.	PTA1661
Nickens, Terrence D.	PT3573	Sudduth, Jeanne	PT0303	Meadows, Donald W.	PTA4676	Wang, Calren S.	PTA4495
Nolen, Kimberly S.	PT3179	Sullivan, R. Kevin	PT1022	Moorehead, Murray K.	PTA3677	West, Kerri E.	PTA3925
Nucheren, Anthony R.	PT5504	Taylor, Hannah L.	PT4534	Owens, Cedric S.	PTA3653	White, Dawn D.	PTA4991
Oliver, Rebecca J.	PT5097	Teeter, Craig A.	PT4156	Patterson, Ammie P.	PTA5420	Wiley, Courtney C.	PTA5442
Parker, Ivan R.	PT5554	Thompson, Luke E.	PT5672	Payne, Deborah S.	PTA1737	Williamson, Beth J.	PTA3578
Parker, William B.	PT5598	Tiep, Hanna L.	PT5827	Phan, Ky V.	PTA5682		
Patel, Sheetal M.	PT5683	Toboso, Louren Mayh B.	PT5431	Porter, Charles C.	PTA3245		
Patterson, Tamara C.	PT1477	Vinson, Michael B.	PT5361	Prestwood, Charles A.	PTA5648		
		Walker, Jana D.	PT5832	Quinlivan, Danlee J.	PTA4045		

**Mississippi State Board
of Physical Therapy
Post Office Box 55707
Jackson, MS 39296-5707**



Change of Home Address, Worksite or Name

It is the responsibility of licensees to provide the Board with written notification of address changes (home and/or work) no later than 30 days after such change is effective according to Part 3103 Rule 1.8. For a name change, a notarized copy of the legal document must accompany the request. Failure to keep your address or name change current will result in a \$25.00 fee for the cost of resending any correspondence or materials.

NAME _____ LICENSE # _____

FORMER NAME _____

FORMER ADDRESS (City, State, Zip) _____ COUNTY _____

NEW ADDRESS (City, State, Zip) _____ COUNTY _____

() _____
PHONE NUMBER _____ EMAIL ADDRESS _____

FORMER EMPLOYER: _____

PRIMARY EMPLOYER _____ ADDRESS (City, State, Zip) _____ () _____
PHONE NUMBER _____

Mail this form to the Mississippi Board of Physical Therapy, P.O. Box 55707, Jackson, MS 39296-5707 or fax to (601) 352-2920.