
Approved Dry Needling Courses

If the course chosen by the PT does not appear on the list of approved courses, the PT must follow the requirements for submission of a dry needling course that has not been approved, which includes providing the Dry Needling Course Approval Form or the Therapist Prior Approval Dry Needling Course Form along with the required documentation and a \$50 fee per course to cover the cost of review. The list of approved courses appears below:

Course Sponsor	Course Title	Hours
American Academy of Manipulative Therapy (AAMT) – Dry Needling Institute James Dunning	DN-1: Dry Needling for Craniofacial, Cervicothoracic & Upper Extremity (UE) Conditions: An Evidence Based Approach – Part 1	27
American Academy of Manipulative Therapy (AAMT) – Dry Needling Institute James Dunning	DN-2: Dry Needling for Lumbopelvic & Lower Extremity Conditions: An Evidence-Based Approach – Part 2	27
American Academy of Manipulative Therapy (AAMT) – Dry Needling Institute James Dunning	DN-1: Dry Needling for Craniofacial, Cervicothoracic & Upper Extremity Conditions: An Evidence Based Approach – Part 1	25.5
Kinetacore Edo Zylstra	Functional Therapeutics DN Level 1: Applications for the Clinical Setting	27
Kinetacore Edo Zylstra	Functional Therapeutics: Applications for Dry Needling	27
Kinetacore Karyn Fereday/ Tamer Issa/Keri Maywhort/Edo	Introductory Level 1: Functional Dry Needling – Applications for Pain Management & Sports Injuries	27
Kinetacore Christina Anderson	Functional Dry Needling Level 1	26 or 27
Kinetacore Christina Anderson	Functional Dry Needling Level 2	27
Kinetacore Christina Anderson	Advanced Level: Functional Dry Needling – Applications for Pain Management & Sports Injuries	27
Kinetacore Edo Zylstra	Functional Dry Needling Pelvic Floor	16
Evidence in Motion	Integrated Trigger Point Dry Needling for the Lower Quarter – Level 1 (2- day lab intensive) (blended online and hands on course)	26
Evidence in Motion	Integrated Trigger Point Dry Needling for the Upper Quarter – Level 2 (2- day lab intensive) (blended online and hands on course)	26
Evidence in Motion	Integrated Trigger Point Dry Needling for the Lower Quarter – Level 1 (3- day lab intensive)	35 & 37
Evidence in Motion	Integrated Trigger Point Dry Needling	35 &

	for the Upper Quarter – Level 2 (3- day lab intensive)	37
Myopain Seminars – Jan Dommerholt	Dry Needling (DN-1) Foundations 1 – 3-day course in theory, practice & clinical application of DN1.	28 or 34
Myopain Seminars – Jan Dommerholt	Dry Needling (DN-2) Foundations II – 3-day course in theory, practice & clinical application of DN2	28 or 34
Myopain Seminars – Jan Dommerholt	IMT-1 Foundations of Trigger Point Examination and Treatment (was renamed DN-1 Foundations 1)	19
Myopain Seminars – Jan Dommerholt & Janet Travell	Dry Needling (DN-3) Advanced 1: 3-day course in theory, practice & clinical application of DN-3	28
Myopain Seminars – Jan Dommerholt & Janet Travell	Dry Needling (DN-4) Advanced II 3-day course in theory, practice & clinical application of DN-4	26
Institute of Advanced Musculoskeletal Treatments (IAMT)	Trigger Point Dry Needling Level 1	27
Institute of Advanced Musculoskeletal Treatments (IAMT)	Trigger Point Dry Needling Level 2	27
Institute of Advanced Musculoskeletal Treatments (IAMT)	Trigger Point Dry Needling Level 1 (Discontinued)	20
Institute of Advanced Musculoskeletal Treatments (IAMT)	Trigger Point Dry Needling Level 2	20
Institute of Advanced Musculoskeletal Treatments (IAMT)	Trigger Point Dry Needling Level 3 (2-day course)	16
Institute of Advanced Musculoskeletal Treatments (IAMT)	Trigger Point Dry Needling Competency (1-day refresher course)	8
Institute of Advanced Musculoskeletal Treatments (IAMT)	Dry Needling Level 1	27
Institute of Advanced Musculoskeletal Treatments (IAMT)	Dry Needling Level 2	27
Integrative Dry Needling Institute Dr. Frank Gargano	Advanced Neurologic Dry Needling for Pain Management & Performance Enhancement	29
Integrative Dry Needling Institute Dr. Frank Gargano	Neurologic Dry Needling for Pain Management & Sports Rehabilitation	29
Optimal Dry Needling Solutions Jackie Doidge & Gahl Sela	Dry Needling Level 1	25.5
DOUBLE E PT Education	Dry Needling: A Tool for Physical Therapy Practice Course One	28
DOUBLE E PT Education	Dry Needling: A Tool for Physical Therapy Practice Course Two	28
US Air Force	The Air Force Physical Therapy Advanced Course in Dry Needling for Physical Therapy Officers	25
The Army Medical Department Center & School – PT Branch Baylor University	Col Douglas A. Kersey Advanced Clinical Operational Practice Course – Dry Needling Certification Included	24
Revolution Human Physical Therapy and Education	Integrated Clinical Dry Needling Course 1	25

Mark Milligan		
Revolution Human Physical Therapy and Education Mark Milligan	Integrated Clinical Dry Needling Course 2	25
United Dry Needling Education: (MS Dry Needling Education) – Luke Bynum	Implementing a Specialized Approach to Pain & Dysfunction – Course One	27
United Dry Needling Education: (MS Dry Needling Education) – Luke Bynum	Implementing a Specialized Approach to Pain & Dysfunction – Course Two	27
Total Motion Release	Master Dry Needling Introductory Course – Level 1	27
Total Motion Release	Master Dry Needling Level 2 – Theory, Practice & Clinical Application	27
BenchMark Rehab Institute	Dry Needling Lower Quarter Level 1	25
BenchMark Rehab Institute	Dry Needling Upper Quarter Level II	27
Medical Minds in Motion	Fundamentals of Neuromuscular Dry Needling: Level 1	25
Conduit Health and Performance	Integrated Clinical Dry Needling Course 1	25
Upstream Rehab Institute	Dry Needling 1	27
Upstream Rehab Institute	Dry Needling 2	28
Upstream Rehab Institute	Advanced Dry Needling	16
Upstream Rehab Institute	Dry Needling of the Lumbar Region & Lower Quarter – A Comprehensive Approach	27
Upstream Rehab Institute	Dry Needling of the Lumbar Region & Lower Quarter – A Comprehensive Approach	28
Upstream Rehab Institute	Dry Needling of the Cerviothoracic Region & Upper Quarter	27
Upstream Rehab Institute	Dry Needling of the Cervicothoracic Region and Upper Quarter—A Comprehensive	28
University of St. Augustine for Health Sciences	Dry Needling 1: Intramuscular Dry Needling for the Cervical, Scapulo-Thoracic, Cranio Facial Region & Upper Extremity	25
Structure & Function Education	Structure & Function: Foundations in Dry Needling for Orthopedic Rehabilitation Sport Performance	27
Elite Continuing Education	Fundamentals of Neuromuscular Dry Needling Level 1 Certification	25
PT Solutions Physical Therapy	Dry Needling 1	27
PT Solutions Physical Therapy	Dry Needling 2	27
PT Solutions Physical Therapy	Primary Dry Needling	27.5
PT Solutions Physical Therapy	Advanced Dry Needling	28.75
PT Solutions Physical Therapy	Advanced Dry Needling	27
Institute of Manual & Integrative Therapy (IMIT)	DIN-1: Foundations of the Dynamic Integrative Needling System	30
Institute of Manual & Integrative Therapy (IMIT)	DIN-2: Electrical & Perineural DINS Approaches	30
Francis Missionaries of Our Lady University	Advanced Physical Therapy Interventions in Intramuscular DN	32

	Treatment and Safety	
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