Intramuscular Dry Needling Manual Therapy Requirements

Each physical therapist who has achieved certification for using intramuscular dry needling manual therapy for patient care must meet the following guidelines in order to be approved to practice dry needling in Mississippi:

- 1. Documented successful completion of an intramuscular manual therapy course of study; online study is not considered appropriate training.
- 2. A minimum of 50 hours of face-to-face IMS/dry needling course study must be successfully completed in twelve months;
- 3. The physical therapist must have Board approved credentials for providing intramuscular manipulation which are on file with the Board office prior to using the treatment technique.

Part 3103 Rule 3.3 (D) 1-2

In its March 21, 2013 quarterly meeting, the Board voted on the documentation required for the approval of dry needling practice in Mississippi. Physical Therapists must provide for following course documentation to support completion of the requirements listed in the regulations in Part 3103, Rule 3.3 D 1-2.

- 1. Description and overview of the course selected and completed by the physical therapist
- 2. Brochure or agenda that provides the number of hours of instruction/training
- 3. Educational course objectives
- 4. Resume or CV of instructor presenting the course
- 5. Certificate(s) of course completion

Please Note: The physical therapist must have received a letter of authorization from the Board prior to commencing the practice of dry needling for patient care.

Remember, the physical therapist must be familiar with Part 3103 Rule 3.3 A-K.